



KRAV MAGA WORLDWIDE™

SELF DEFENSE · FIGHTING · FITNESS

PRESSURE POINT AND JOINT LOCK SEMINAR

APRIL 3, 2010

12:30 - 2:30

\$49.00

CURRENT MEMBERS CAN BRING A NON-MEMBER (TRAINING PARTNER) FOR FREE

Some encounters do not warrant a full force response as in a low level threat. The techniques taught at this seminar are ideal for these situations. We will cover several of the most useful pressure points with a practical application approach. Joint locks and take-downs are taught as a follow-up to the pressure points. No experience necessary to attend. Please wear loose fitting athletic clothing and clean athletic shoes.

Pressure points are specific targets on the body which can be effectively used for :

- Pain Compliance
- Stunning or Knock Out
- Motor Dysfunction
- Balance Displacement
- Create space

Joint locks are used for follow-up and control . With these techniques you can achieve a mechanical advantage over your opponent allowing you to control them without inflicting lasting damage.



Pressure Point Control Tactics (PPCT) is a research based training organization that emphasizes the importance of stimulus-response training and the use of gross motor skills whenever possible. PPCT is the basis of this seminar.

Course Instructors:

Sr Master James Kenney

Paul Skiffington